		PPING RATES & BU			Friday, August
DIRTY TANKER (KT - \$/day)	Spot TCE e	arnings for vessels usi Spot TCE earnings		(no scrubbers) 10 day trend	DEVELOPMENTS
/LCC, 270	AG-FE	30,500	49,000	To day trend	
uezmax, 130	WAF-UKC	5,800	41,700		Oil set for sixth weekly gain on extended supply cuts. Oil prices
framax, 70	CAR-USG	8,700	56,400		were on track for a sixth week of gains after Saudi Arabia and Russia, the world's second and third-largest crude producers,
anamax, 50	CAR-USG	30,500	65,800		pledged to cut output through September. Brent crude futures for
LEAN TANKER (KT - \$/day)	Voyage	Spot TCE earnings	2023 avg. rate	e 10 day trend	October edged 33 cents higher to \$85.47 a barrel by 1326 GMT,
IR, 37	UKC-USAC	16,400	23,200		while U.S. West Texas Intermediate crude for September crept up 30 cents to \$81.85.
1R, 38	USG-UKC	14,900	11,400		Reuters August 4, 2023
R1, 55 R2, 75	AG-FE AG-FE	31,700 39,400	31,400 38,200		-
12, 75	1vr eco				Surging U.S. crude oil exports disrupt European, Asian prices .
ME CHARTER (KDWT)	vessel rate	Yearly trend	Newbuild price (\$M)	e Secondhand 5yr old price (\$M)	Surging U.S. crude exports in 2023 are pushing down oil prices in Europe and Asia, proving a key source of supply as producers cut
	(\$/day)			27.0	output and sanctions on Russian crude disrupt trade flows.
LCC , 200+ uezmax, 130-200	49,000 48,000		130.0 83.0	97.0 72.0	Reuters August 4, 202
framax, 80-130	48,000		70.0	64.0	
R2, 80-130	48,000		72.0	66.0	•
R1, 60-80	34,000	~	57.0	50.0	Williams CEO Sees Continued Strong Natural Gas Production Ahead of Rising LNG Demand. Midstream giant Williams
R, 42-60	26,500	~~~	47.0	43.0	executives see strong levels of natural gas production enduring as
andymax. 30-42	24,000	~	42.0	35.0	global LNG demand is poised to further mount in coming years. Natural Gas Intelligence August 4, 2023
S FLAG (KT - \$/day)	Voyage	Weekly spot rate	2023 avg. rate	10 week trend	
andy, 38	USG-USAC	79,837	80,402		
NG (\$/day) as of 4-August-2023	Weekly spot		Current month	1 2023 avg. rate	
50M3 Tri-fuel diesel electric (West)	rate 75,000		rate 75,000	61,290	Asia Naphtha/Gasoline-Gasoline margin eases after Singapore
38-150M3 Steam turbine (West)	75,000 45,000	Increasing Increasing	75,000 45,000	61,290 34,194	stocks rise. Asia's gasoline and naphtha refining profit margin fell of
50M3 Tri-fuel diesel electric (East)	75,000	Increasing	75,000	69,129	Thursday after key inventories at the Singapore trading hub rose to five-week high.
88-150M3 Steam turbine (East)	45,000	Increasing	45,000	38,871	Hellenic Shipping News August 4, 202
NG Spot Index Assessment - Baltic	Spot rate	Last Price		Δ Prior assessment day close	
•	(\$/day)		J.		
.NG1g (Gladstone / Tokyo RV)	72,276	73,030	•	-754	•
NG2g (Sabine / UK Cont RV)	74,537	75,035	Ψ	-498	ConocoPhillips Agrees to Buy LNG From Mexico Project.
.NG3g (Sabine / Tokyo RV)	95,524	95,101	•	423	ConocoPhillips agreed to a long-term deal to buy liquefied natura gas from an export terminal being developed on Mexico's west
	Spot rate	95,101	'Ir		coast.
NG Spot Index Assessment - Spark	(\$/day)	Last Price		Δ Prior assessment day close	Bloomberg News August 3, 202
park25S (NWS / Tianjin)	73,500	73,000	企	500	
park30S (Sabine Pass / Gate)	75,500	75,250	.	250	
			Spot TCE rate		
PG (KT)	Spot	rate (\$/mt)	(\$/day)		GasLog locks away three LNG carriers on new time-charters or extension deals. Peter Livanos and BlackRock-controlled GasLog
LGC, 44 (AG-Japan)		102.18	84,940		has inked new time-charter deals on two of its LNG carriers and
UNKERS (\$/mt)	VLSFO	10 day trend	HSFO	MGO	extended the hire period with charterers on a further vessel.
S Gulf	594.0		533.0	919.0	TradeWinds News August 4, 2023
otterdam	606.0		555.5	873.0	
ngapore	631.0	COMMODITIES	569.0	897.0	
			, (8:30 am Ci)		WEBINARS & EVENTS
DUDE	Carre		to at males	A Dolon don don	
	Source	Unit	Last price	Δ Prior day close	Wahinar: Long-term LNG Pricing: Have Contract Levels
rent	ICE	Unit \$/bbl	85.75	♠ 0.61	Webinar: Long-term LNG Pricing: Have Contract Levels Peaked or is There Room to Rise? August 9.
rent		Unit			Peaked or is There Room to Rise? August 9. Long-term contract prices have been rising steadily over the pas
rent ITI	ICE	Unit \$/bbl \$/bbl	85.75 82.16	↑ 0.61 ↑ 0.61	Peaked or is There Room to Rise? August 9. Long-term contract prices have been rising steadily over the pas year, both in the United States and in other regions. Join Poten's
rent /TI RODUCTS	ICE NYMEX Source	Unit \$/bbl \$/bbl Unit	85.75 82.16 Last price	Λ 0.61 Λ 0.61 Δ Prior day close	Peaked or is There Room to Rise? August 9. Long-term contract prices have been rising steadily over the pas year, both in the United States and in other regions. Join Poten's
rent /TI RODUCTS BOB Gasoline	ICE NYMEX	Unit \$/bbl \$/bbl Unit ¢/gal	85.75 82.16	↑ 0.61 ↑ 0.61	Peaked or is There Room to Rise? August 9. Long-term contract prices have been rising steadily over the pas year, both in the United States and in other regions. Join Poten's Head of Business Intelligence Jason Feer on August 9 as we dive into the most current deals and examine where prices are now and where are they headed.
rent /TI RODUCTS BOB Gasoline eating Oil	ICE NYMEX Source NYMEX	Unit \$/bbl \$/bbl Unit	85.75 82.16 Last price 278.04 305.71	Λ 0.61 Λ 0.61 Δ Prior day close Λ 1.57	Peaked or is There Room to Rise? August 9. Long-term contract prices have been rising steadily over the pas year, both in the United States and in other regions. Join Poten's Head of Business Intelligence Jason Feer on August 9 as we dive into the most current deals and examine where prices are now and where are they headed. Topics to be addressed include:
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RODUCTS BOB Gasoline Peating Oil ATURAL GAS S Henry Hub K National Balancing Point ATURAL GAS LIQUIDS S Mont Belvieu Propane (Spot)	ICE NYMEX Source NYMEX NYMEX Source NYMEX ICE Source	Unit \$/bbl \$/bbl Unit \$/gal \$/gal Unit \$/MMBtu \$/MMBtu Last Price \$(\$\pmu/gal) 72.68	85.75 82.16 Last price 278.04 305.71 Last price 2.60 9.27 Last Price (\$/mt) 378.64 Last price	↑ 0.61 ↑ 0.61 Δ Prior day close ↑ 1.57 ↓ -1.78 Δ Prior day close ↑ 0.03 ↓ -0.31 Δ Prior day close (¢/gal) ↑ 2.00 Δ Prior day close	Peaked or is There Room to Rise? August 9. Long-term contract prices have been rising steadily over the pas year, both in the United States and in other regions. Join Poten's Head of Business Intelligence Jason Feer on August 9 as we dive into the most current deals and examine where prices are now and where are they headed. Topics to be addressed include: - A survey of deals done during the first half of 2023 - Have LNG contract prices topped out or should we expect prices for long-term supply to keep rising? - A comparison of Henry Hub and Brent pricing. Where do we see fast price inflation? - Are we seeing new contract structures emerge as European
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RODUCTS 30B Gasoline eating Oil ATURAL GAS S Henry Hub K National Balancing Point ATURAL GAS LIQUIDS S Mont Belvieu Propane (Spot) RICE SPREADS (\$/bbl)	Source NYMEX Source NYMEX Source NYMEX ICE Source NYMEX	Unit \$/bbl \$/bbl Unit \$/gal \$/gal Unit \$/MMBtu \$/MMBtu Last Price \$(\$f/gal) 72.68	85.75 82.16 Last price 278.04 305.71 Last price 2.60 9.27 Last Price (5/mt) 378.64 Last price 21.06	↑ 0.61	Peaked or is There Room to Rise? August 9. Long-term contract prices have been rising steadily over the pas year, both in the United States and in other regions. Join Poten's Head of Business Intelligence Jason Feer on August 9 as we dive into the most current deals and examine where prices are now and where are they headed. Topics to be addressed include: - A survey of deals done during the first half of 2023 - Have LNG contract prices topped out or should we expect prices for long-term supply to keep rising? - A comparison of Henry Hub and Brent pricing. Where do we see fast price inflation? - Are we seeing new contract structures emerge as European buyers work to secure supply in the medium and long term?
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